

Course Information Sheet

Sewing & Dressmaking Workshop

Introduction

This course is for you if you have an interest in sewing and dressmaking and wish to learn new processes and stitches needed to make different garments.

What are the course entry requirements?

This course is suitable for learners who already have some dressmaking skills
To get the best from this course you should be able to follow verbal and written instructions in English, including numerical information

How long is the course?

8 weeks

What will the course involve?

The content of the course will be discussed at the first class & will accommodate those techniques you wish to perfect. For example zip application, perfect pockets, seams, facings, rouleau loops and buttons, frills, sleeve insertion etc. Discussion at the first session will establish the learning goals for the course.

How will I be learning?

There will be demonstrations and a variety of learning activities together with advice and guidance from the tutor. Group and peer critique will be encourage

What equipment will I need?

You will need a basic sewing kit i.e. tape measure, fabric scissors, pins, needles, thread, fabric scraps etc. A pen, paper & file would be useful to put your work & handouts in

How will I know if I am making progress?

Your tutor will monitor your progress by carrying out an assessment at the start of the course and giving individual help and advice during each session. There will also be group discussion, question and answer and peer assessment as an ongoing part of the course.

What course work will I be expected to complete?

What can I expect to learn from this course?

By the end of this course you will have:

- Developed specific dressmaking techniques
- Learned new stitches and applications
- Used a variety of different fabrics
- Produced a series of samples – at least 1 per lesson

Will I need to cover anything in addition to the course fee?

Cost of sewing kit & fabric to make samples

What other training programmes and progression opportunities are there?

If you require in-depth advice on progression opportunities or guidance on career choices please contact our Information Advice and Guidance Officers on 0845 600 1331. For general information about other courses, contact us on the same number or check out the website www.lancashire.gov.uk/adultlearning