

Course Information Sheet

Dressmaking Beginners

Introduction

This course will introduce you to the basic techniques and skills that you will need to make a garment of your choice. It is suitable for beginners but those wishing to improve skills they already have will be accommodated.

What are the course entry requirements?

This course is suitable for learners with an interest in sewing and dressmaking
To get the best from this course you should be able to follow verbal and written instructions in English, including numerical information

How long is the course?

8 weeks

What will the course involve?

Making a simple garment of your choice

How will I be learning?

There will be demonstrations and a variety of learning activities together with advice and guidance from the tutor. Group and peer critique will be encouraged

What equipment will I need?

You will need a file, paper and pen, a basic sewing kit, a simple paper pattern, (skirt or trousers) and length of cloth; These will be discussed at the first lesson.

How will I know if I am making progress?

Your tutor will monitor your progress by carrying out an assessment at the start of the course and giving individual help and advice during each session. There will also be group discussion, question and answer and peer assessment as an ongoing part of the course.

What course work will I be expected to complete?

What can I expect to learn from this course?

By the end of this course you will be able to:

- Develop basic sewing skills
- Apply new processes and stitches
- Understand about different fabrics and how to cut out
- Use a sewing machine and iron appropriately
- Understand basic dressmaking patterns and technical terminology
- Produce a simple garment of your choice

Will I need to cover anything in addition to the course fee?

The cost of material, pattern & equipment

What other training programmes and progression opportunities are there?

If you require in-depth advice on progression opportunities or guidance on career choices please contact our Information Advice and Guidance Officers on 0845 600 1331. For general information about other courses, contact us on the same number or check out the website www.lancashire.gov.uk/adultlearning