

Course Information Sheet

Dementia Understanding & Supporting

Introduction

This is a course specially designed to give people a better awareness and understanding of Dementia and Alzheimer's
It will cover what Dementia actually is and how to develop the Person Centred Approach.
We will discuss the difficulties facing people with Dementia including their carers and explore some coping strategies.

What are the course entry requirements?

There are no entry requirements you just need to be able to follow verbal and written instructions in English, including numerical information.

How long is the course?

9 hours

What will the course involve?

Explaining the different types of Dementia. Focusing on the Person Centred Approach to the care and support of an individual with Dementia. Exploring some coping strategies and discussing the difficulties facing people with Dementia and their carers.

How will I be learning?

Learning activities, work sheets, handouts, Power Point presentations, video, homework, discussion.

What equipment will I need?

A pen and paper.

How will I know if I am making progress?

You will receive informal feedback on your progression throughout the course.

What course work will I be expected to complete?

Learning activities, worksheets & homework.

What can I expect to learn from this course?

- Explain the different types of Dementia
- Develop knowledge on the Person Centred Approach
- List some coping strategies for people with Dementia and their carers

Will I need to cover anything in addition to the course fee?

No additional costs.

What other training programmes and progression opportunities are there?

NCFE Level 2 Award In Awareness of Dementia.

If you require in-depth advice on progression opportunities or guidance on career choices please contact our Information Advice and Guidance Officers on 0845 600 1331. For general information about other courses, contact us on the same number or check out the website www.lancashire.gov.uk/adultlearning